**A** **HOUSE RESOLUTION**

TO RECOGNIZE AND HONOR DR. ANN KULZE FOR HER NOTEWORTHY CONTRIBUTIONS PROMOTING HEALTH AND WELL‑BEING TO BENEFIT THE CITIZENS OF SOUTH CAROLINA AND THE NATION.

Whereas, a physician, best‑selling author, and motivational speaker, Dr. Ann Kulze, known as “Dr. Ann” to her audiences, wages a personal crusade on the importance and pleasure of living well; and

Whereas, as a renowned authority in the areas of nutrition, healthy lifestyles, and disease prevention and as a gifted teacher with unrivaled credibility and passion, Dr. Ann has transformed the concept of healthy living into programs that are simple, easy, and enjoyable; and

Whereas, Dr. Ann grew up in a family with a rich heritage in science and medicine and has distinguished herself as a unique, yet practical, nutrition and wellness expert; and

Whereas, following her early passion for nutrition, Dr. Ann earned a degree with honors in food science and human nutrition at Clemson University and added to that a valedictory degree from the Medical University of South Carolina; and

Whereas, she practiced family medicine for fourteen years and established the wellness education firm, Just Wellness, LLC, in 2002, and in addition to her private wellness coaching practice, she is a corporate wellness trainer and a highly sought motivational speaker; and

Whereas, Dr. Ann has served as the national spokesperson for Ruby Tuesday’s much acclaimed SMART EATING Initiative and the nutrition spokesperson for the Healthy South Carolina Challenge, and she authored the award‑winning, best‑selling *Eat Right for Life* book series and the recent *Weigh Less for Life*; and

Whereas, a number of national media outlets have featured her and her wellness message, including *The Dr. Oz Show*, *Oprah and Friends Radio*, *Time Magazine*, NPR, *WebMD*, *CNN Radio*, *Cosmopolitan,* *Woman*’*s World*, *Prevention*, and *Redbook*; and

Whereas, a native of Charleston, Dr. Ann lives her wellness message, enjoying swimming, running, kayaking, cooking, and spending time with her husband and four children; and

Whereas, she currently serves as the cochair of the South Carolina Liberty Fellowship Health Forum and on the Medical Advisory Board for the Wellness Councils of America, the Prevent Cancer Foundation, the Scientific Advisory Board for Exercise TV, the board of directors for the Lowcountry Open Land Trust, and the Charleston County School District’s School Health and Wellness Committee; and

Whereas, for her significant health and wellness initiatives, she has been honored with the Prevent Cancer Foundation’s champion seal and the distinguished South Carolina Liberty Fellowship; and

Whereas, the members of the South Carolina House of Representatives are deeply grateful for the standard of excellence that Dr. Ann Kulze has brought to the education and practice of health and wellness in the Palmetto State. Now, therefore,

Be it resolved by the House of Representatives:

That the members of the South Carolina House of Representatives, by this resolution, recognize and honor Dr. Ann Kulze for her noteworthy contributions promoting health and well‑being to benefit the citizens of South Carolina and the nation.

Be it further resolved that a copy of this resolution be provided to Dr. Ann Kulze.

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